

Waldorf Salad

Ingredients

2 tbsp lemon juice
2 red apples, thinly sliced
1 bag mixed salad leaves
4 celery stalks, chopped
2/3 cup walnuts, chopped
1/2 small red onion, thinly sliced
Olive oil, for dressing

Optional:

1/2 cup sultanas or cranberries
1/4 cup low-fat cheese, grated



Method

1. Place lemon juice in a large bowl. Thinly slice apples and add to lemon. Gently toss to coat.
2. Add celery, mixed leaves, walnuts and onion to apple and lemon mixture. Gently toss to combine.
3. Serve drizzled with olive oil or salad dressing of your choice (e.g. balsamic or red wine vinegar).